



**2009-2010**

# Swimming & Diving

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- Asbury College - Berea College - Berry College - Brenau University - King College -  
- Mars Hill College - Milligan College - Notre Dame College - Union College -  
- Urbana University - Ursuline College - Warren Wilson College - Wheeling Jesuit University -

## Appalachian Swimming & Diving Conference Men's and Women's Swimming/Diver of the Week — 10/11/2009 - 10/17/2009 —

<p style="text-align: center;"><b>Matt Hood (Asbury College)</b></p> <p><b>Hood</b> is a junior, originally from Beaver creek, Ohio. At the tri-meet against Bellarmine University and Mount Union College he recorded three 1st place finishes, and one 2nd place. Hood set a new pool record in the 100-yd Freestyle, touching the wall in 48.55. He finished 1st in the 200-yd Freestyle with a time of 1:47.32. In the 50-yd Freestyle he brought home a second place, finishing in 22.46. Hood was also responsible for anchoring the winning 200-yd Freestyle Relay. (All of Hood's races achieved NAIA Qualifying Standards)</p>	<p style="text-align: center;"><b>Allie Hubach (Asbury College)</b></p> <p><b>Hubach</b> is a junior originally from Montvale, VA. Hubach recorded four 1st place finishes during the meet against Bellarmine University and Mount Union College. She set a new pool record in the 200-yd Freestyle, finishing in 1:59.52. She finished with a 55.17 in the 100-yd Freestyle and 25.29 in the 50-yd Freestyle. Hubach was also the team anchor on the winning 200-yd Freestyle Relay. (All of Hubach's races achieved NAIA Qualifying standards)</p>
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<p style="text-align: center;"><b>ASC Swimmer/Diver of the Week</b></p> <p>Oct. 10th: David Johnson (Union College), Molly Fittro (Union College) Oct 17th: Matt Hood (Asbury College) Allie Hubach (Asbury College)</p>	<p style="text-align: center;"><b>2009 ASC Championship Results</b></p> <table style="width: 100%; border: none;"> <tr> <td style="width: 33%; vertical-align: top; padding: 5px;"> <p><b>Women's Team Results</b></p> <ol style="list-style-type: none"> <li>1. Asbury College</li> <li>2. Notre Dame College</li> <li>3. Mars Hill College</li> <li>4. Marshall University</li> <li>5. Union College</li> <li>6. King College</li> <li>7. Brenau University</li> <li>8. Berea College</li> <li>9. Milligan College</li> <li>10. Warren Wilson College</li> </ol> </td> <td style="width: 33%; vertical-align: top; padding: 5px;"> <p><b>Men's Team Results</b></p> <ol style="list-style-type: none"> <li>1. Asbury College</li> <li>2. Mars Hill College</li> <li>3. Union College</li> <li>4. Notre Dame College</li> <li>5. Milligan College</li> <li>6. King College</li> <li>7. Warren Wilson College</li> <li>8. Berea College</li> </ol> </td> <td style="width: 33%; vertical-align: top; padding: 5px;"> <p><b>Combined Team Results</b></p> <ol style="list-style-type: none"> <li>1. Asbury College</li> <li>2. Mars Hill College</li> <li>3. Notre Dame College</li> <li>4. Union College</li> <li>5. King College</li> <li>6. Milligan College</li> <li>7. Marshall University</li> <li>8. Berea College</li> <li>9. Warren Wilson College</li> <li>10. Brenau University</li> </ol> </td> </tr> </table>	<p><b>Women's Team Results</b></p> <ol style="list-style-type: none"> <li>1. Asbury College</li> <li>2. Notre Dame College</li> <li>3. Mars Hill College</li> <li>4. Marshall University</li> <li>5. Union College</li> <li>6. King College</li> <li>7. Brenau University</li> <li>8. Berea College</li> <li>9. Milligan College</li> <li>10. Warren Wilson College</li> </ol>	<p><b>Men's Team Results</b></p> <ol style="list-style-type: none"> <li>1. Asbury College</li> <li>2. Mars Hill College</li> <li>3. Union College</li> <li>4. Notre Dame College</li> <li>5. Milligan College</li> <li>6. King College</li> <li>7. Warren Wilson College</li> <li>8. Berea College</li> </ol>	<p><b>Combined Team Results</b></p> <ol style="list-style-type: none"> <li>1. Asbury College</li> <li>2. Mars Hill College</li> <li>3. Notre Dame College</li> <li>4. Union College</li> <li>5. King College</li> <li>6. Milligan College</li> <li>7. Marshall University</li> <li>8. Berea College</li> <li>9. Warren Wilson College</li> <li>10. Brenau University</li> </ol>
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