



2009-2010

Swimming & Diving

ASC Contact: Michael Gallagher
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- Asbury College - Berea College - Berry College - Brenau University - King College -
- Mars Hill College - Milligan College - Notre Dame College - Union College -
- Urbana University - Ursuline College - Warren Wilson College - Wheeling Jesuit University -

Appalachian Swimming & Diving Conference Men's and Women's Swimming/Diver of the Week

— 10/04/2009 - 10/10/2009 —

David J. Johnson (Union College)

Johnson was the anchor of the Union College team record breaking performance in the 200yd. Medley Relay 1:39.28 (NAIA National "A" Qualifying Standard) at the dual meet against the University of the Cumberland on October 10th. He respectively split 21.45. Later that meet, Johnson finished first in the 50yd. freestyle with a time of 21.99 (NAIA National "A" Qualifying Standard).

Molly K. Fittro (Union College)

Fittro was the anchor of Union College's first place 200yd. Medley Relay 1:59.46 (NAIA National "A" Qualifying Standard) at the dual meet against the University of the Cumberland on October 10th. Fittro split 25.72 on her leg of the relay. Molly also won the 200yd. Freestyle, she finished the race in 2:02.40 (NAIA National "A" Qualifying Standard). Fittro then finished her meet with the 200yd. Freestyle Relay. She swam the lead-off leg and finished with the fastest split in the race, 26.10. Her relay achieved a NAIA National "B" Qualifying Standard.

ASC Swimmer/Diver of the Week

Oct. 10th: David Johnson (Union College),
Molly Fittro (Union College)

2009 ASC Championship Results

Women's Team Results

1. Asbury College
2. Notre Dame College
3. Mars Hill College
4. Marshall University
5. Union College
6. King College
7. Brenau University
8. Berea College
9. Milligan College
10. Warren Wilson College

Men's Team Results

1. Asbury College
2. Mars Hill College
3. Union College
4. Notre Dame College
5. Milligan College
6. King College
7. Warren Wilson College
8. Berea College

Combined Team Results

1. Asbury College
2. Mars Hill College
3. Notre Dame College
4. Union College
5. King College
6. Milligan College
7. Marshall University
8. Berea College
9. Warren Wilson College
10. Brenau University