

**Appalachian Conference Championships - 2/19/2010 to 2/20/2010**  
**Psych Sheet**

**#1 Women 200 Yard Freestyle Relay**

Team	Relay	Seed Time
1 ASB-KY	A	1:41.22
2 BU-GA	A	1:42.93
3 WJU	A	1:43.34
4 MHC	A	1:44.40
5 UC-KY	A	1:45.99
6 NDC	A	1:46.03
7 KING	A	1:48.19
8 ASB-KY	B	X1:50.00
9 BERRY	A	1:50.95
10 NDC	B	X1:51.34
11 MARS-WV	A	1:51.76
12 MILL	A	1:52.41
13 MILL	B	X1:55.00
14 UU	A	1:57.49
15 BC-KY-US	A	1:58.27
16 WWC	A	1:59.99
17 BU-GA	B	X2:06.00
18 UC!-LE	A	2:21.15
19 WWC	B	X2:28.53
20 BC-KY-US	B	NT

**#2 Men 200 Yard Freestyle Relay**

Team	Relay	Seed Time
1 MHC	A	1:27.64
2 MILL	A	1:28.72
3 UC-KY	A	1:28.95
4 ASB-KY	A	1:28.97
5 WJU	A	1:29.24
6 NDC	A	1:30.75
7 KING	A	1:32.47
8 MILL	B	X1:35.00
9 ASB-KY	B	X1:36.00
10 BERRY	A	1:37.84
11 WWC	A	1:39.40
12 NDC	B	X1:40.57
13 BC-KY-US	A	1:44.29
14 UU	A	1:44.43
15 BC-KY-US	B	NT

**#3 Women 200 Yard IM**

Name	Age	School	Seed Time
1 Whittington, Emily	19	NDC	2:15.71
2 Martin, Larissa E	20	ASB-KY	2:16.45
3 Alsop, Karli	22	MARS-WV	2:17.28
4 Ray, Ranay C	19	ASB-KY	2:18.74
5 Petersen, Tamsin L	20	UC-KY	2:19.32
6 Rieger, Laurysa M	20	NDC	2:19.87
7 Ferreira, Julia L	20	BU-GA	2:21.00
8 Donihe, Michele		KING	2:21.39
9 Perkins, Emily E	22	NDC	2:21.85
10 Golding, Tiffany		MHC	2:21.87
11 McCormick, Kasey L	19	UC-KY	2:23.44
12 Fitzgibbon, Andrea		WJU	2:23.61
13 Schmidt, Miranda		MHC	2:24.42
14 Fitzgerald, Shannan L	22	NDC	2:25.86
15 Rizo, Dulce		WJU	2:26.63
16 Peterson, Mary L	20	ASB-KY	2:27.64
17 Henderson, Kristen		UU	2:27.78
18 O'Connor, Kelly E	22	NDC	2:27.82
19 Bier, Grace E	19	KING	2:28.28

20 Butler, Brittany		MHC	2:28.67
21 Rogers, Jessica		BERRY	2:28.89
22 Hullander, Marcy	21	KING	2:28.95
23 Buenano, Maria F	22	NDC	2:29.94
24 Chadowski, Megan G		NDC	2:31.83
25 Hill, April N	19	ASB-KY	2:32.35
26 San Martin, Erika	22	KING	2:32.77
27 Robertson, Becky A	19	LC	2:34.27
28 Mason, Joelle K	20	ASB-KY	2:34.31
29 Sanner, Kayla		BERRY	2:38.66
30 Parmenter, Brett		WWC	2:45.24
31 Freeman, Kate		WWC	3:11.17
32 Sullivan, Hillary		WWC	3:12.99
33 Pregartner, Heather		WWC	4:10.18
34 Bell, Katie E	21	BC-KY-US	NT

**#4 Men 200 Yard IM**

Name	Age	School	Seed Time
1 Smith, Ed		MHC	1:59.26
2 Ehrenheim, Trevor L	19	ASB-KY	2:00.33
3 Chadowski, Patrick		WJU	2:01.28
4 Alfano, Evan	19	MILL	2:02.73
5 Logan, Matt		WJU	2:03.11
6 Toro, Jared		MHC	2:05.37
7 Longenette, Ryan		WJU	2:07.04
8 Howard, Stephen	21	KING	2:07.28
9 Lutz, Jacob A	20	NDC	2:07.47
10 Mosquera, Said		UU	2:07.85
11 Wingert, Andrew D	18	ASB-KY	2:07.96
12 Totherow, Jacob		WJU	2:08.42
13 Losekamp, Alex M	21	ASB-KY	2:09.39
14 Weaver, Sean		WJU	2:14.10
15 Flener, Ian F	20	ASB-KY	2:14.80
16 Reidy, Shawn R	19	NDC	2:17.55
17 Paler, Adam D	20	NDC	2:19.78

**#5 Women 500 Yard Freestyle**

Name	Age	School	Seed Time
1 Martin, Emily		WJU	5:09.85
2 Fittro, Molly K	20	UC-KY	5:20.49
3 Melinsky, Kimberly G	19	MARS-WV	5:20.76
4 Amstutz, Hannah E	19	ASB-KY	5:26.74
5 Palo, Lena		MHC	5:28.48
6 Dickerson, Kelly		BERRY	5:29.30
7 Steve, Jessica		WJU	5:29.44
8 Harville, Lauren	20	BU-GA	5:30.00
9 Donihe, Michele		KING	5:30.97
10 Fell, Sarah C	20	BU-GA	5:32.00
11 Bugg, Taylor		MHC	5:33.95
12 Keyes, Lindsay K	21	ASB-KY	5:35.82
13 Rieger, Laurysa M	20	NDC	5:36.00
14 Messmer, Mollie G	21	UC-KY	5:37.75
15 Buchanan, Rachel A	18	ASB-KY	5:38.44
16 Hubbard, Amelia		WWC	5:40.36
17 Fitzgerald, Shannan L	22	NDC	5:41.22
18 Marion, Amy N	20	ASB-KY	5:41.85
19 Fillingier, Meghan E	19	MARS-WV	5:42.07
20 Perkins, Emily E	22	NDC	5:42.80
21 Holt, Nikki		MHC	5:45.91
22 Lopez, Arielle	19	NDC	5:48.89
23 Gandee, Kristin		WJU	5:49.81
24 Miller, Caley A	20	NDC	5:50.06

25 Hill, Kristy		WJU	5:50.52
26 Dierig, Whitley R	18	UC-KY	5:50.77
27 Alfano, Danielle	21	KING	5:51.40
28 Santurri, Alexandra	19	NDC	5:51.93
29 Brown, Taylor S	20	MARS-WV	5:55.35
30 Turk, Tanya		NDC	5:58.60
31 Abegg, Kylie E	18	ASB-KY	6:00.46
32 Allietta, Shawna		WJU	6:01.17
33 Buenano, Maria F	22	NDC	6:02.75
34 Cowgill, Samantha		UU	6:09.27
35 Landry, Rachel	20	MILL	6:09.80
36 Simpson, Maggie M	21	NDC	6:12.23
37 Morris, Whitney	22	KING	6:12.73
38 Barr, Rebecca	18	ASB-KY	6:13.58
39 Walsh, Jackie	21	NDC	6:20.10
40 Mangas, Aly	18	MILL	6:21.93
41 Pion, Stephanie E	21	NDC	6:51.63
42 Hopple, Ashley	19	NDC	6:54.38
43 St Clair, Sarah		UU	6:55.55
44 Seibert, Keara	18	MILL	6:56.64
45 Gajewski, Sarah M	22	UC!-LE	6:56.78
46 Slade, Annalyn R	20	BC-KY-US	8:42.97
47 Bostic, Kalea	20	BC-KY-US	8:55.66
48 Peek, Amy	18	LC	NT

**#6 Men 500 Yard Freestyle**

Name	Age	School	Seed Time
1 Pristov, Greg A		NDC	4:52.76
2 Hood, Matthew R	20	ASB-KY	4:53.21
3 Oyer, Malachi W	20	ASB-KY	5:00.78
4 Hoffman, Luke		MHC	5:01.53
5 Lewis, Brady W	19	ASB-KY	5:01.88
6 Tuttle, Chris W	20	NDC	5:01.90
7 Lucas, Jake		WJU	5:06.42
8 Runtas, Nathan A	19	ASB-KY	5:12.12
9 Dippold, Paul		WJU	5:13.92
10 Canada, Andrew A	22	ASB-KY	5:14.27
11 Bartko, Chad		NDC	5:24.17
12 DePalma, Dominic		WJU	5:37.32
13 Kidd, Daniel	20	KING	5:39.05
14 Crouse, Jordan S	20	ASB-KY	5:41.27
15 Scalia, Tony		WWC	5:48.39
16 Starnes, Wes		MHC	6:02.75
17 Jones, Daniel	19	MILL	6:03.15
18 Kotson, John		WJU	6:10.56
19 James, Devin B	18	LC	6:16.13
20 Sherman, Joe		BERRY	6:17.86
21 Hobbs, Bradley W	24	UC-KY	6:18.78
22 Dye III, Ian	21	KING	6:21.84
23 Chambers, Damien	21	MILL	6:33.86
24 Howell, Harper K	19	BC-KY-US	7:13.98

**#7 Women 100 Yard Breaststroke**

Name	Age	School	Seed Time
1 Sterneman, Abigail C	21	ASB-KY	1:08.55
2 Ferreira, Julia L	20	BU-GA	1:10.00
3 Meadows, Larissa J	19	ASB-KY	1:11.54
4 Whittington, Emily	19	NDC	1:11.80
5 O'Connor, Kelly E	22	NDC	1:12.06
6 McCormick, Kasey L	19	UC-KY	1:12.66
7 Hill, April N	19	ASB-KY	1:12.97
8 Gangloff, Cindy		NDC	1:13.09

**Appalachian Conference Championships - 2/19/2010 to 2/20/2010**

**Psych Sheet**

**#7 ... (Women 100 Yard Breaststroke)**

9	Licari, Victoria	19 MILL	1:13.31
10	Kaminski, Katie	21 ASB-KY	1:13.65
11	Fitzgibbon, Andrea	WJU	1:13.93
12	Bartlett, Megan	MHC	1:14.29
13	Mason, Joelle K	20 ASB-KY	1:16.51
14	Hullander, Marcy	21 KING	1:16.85
15	Bier, Grace E	19 KING	1:17.17
16	Rogers, Jessica	BERRY	1:17.23
17	Cowser, Kasey L	NDC	1:17.99
18	Walsh, Jackie	21 NDC	1:18.81
19	Lawless, Kara E	20 ASB-KY	1:19.72
20	Morris, Whitney	22 KING	1:19.77
21	Kubisiak, Darcee	21 MILL	1:20.11
22	Childers, Erin P	21 UC!-LE	1:23.78
23	Havens, Christen T	18 UC-KY	1:24.75
24	Thrasher, Cortni S	19 UC-KY	1:26.25
25	Dillon, Maddy	WWC	1:28.81
26	Hopple, Ashley	19 NDC	1:29.76
27	Pana, Eliana M	20 BC-KY-US	1:32.49
28	Hirst, Laura J	20 BU-GA	1:32.65
29	Freeman, Kate	WWC	1:34.15
30	Ujeneza, Mafubo	23 BU-GA	1:35.78
31	Goldman, Danielle	20 BC-KY-US	1:40.57
32	Rink, Alicia	WWC	1:45.69
33	Pregartner, Heather	WWC	1:58.17

**#8 Men 100 Yard Breaststroke**

Name	Age	School	Seed Time
1	Smith, Ed	MHC	58.96
2	Ambrosio Filho, Luis A	20 UC-KY	1:00.86
3	Elder, Audley	MHC	1:01.71
4	Alfano, Evan	19 MILL	1:01.97
5	Fry, Chris	21 MILL	1:03.17
6	Bland, Johnathon	WWC	1:03.38
7	Longenette, Ryan	WJU	1:03.43
8	Pope, Daniel	21 KING	1:04.63
9	Risse, Bill	WJU	1:04.68
10	Losekamp, Alex M	21 ASB-KY	1:05.50
11	Weaver, Sean	WJU	1:05.57
12	Taylor, Greg	KING	1:05.59
13	Edmonds, Mason	KING	1:05.70
14	Wingert, Andrew D	18 ASB-KY	1:06.65
15	Lewis, Adam	20 MILL	1:06.79
16	Miller, Eric	BERRY	1:07.53
17	Flener, Ian F	20 ASB-KY	1:07.61
18	Rehmer, Ryan P	NDC	1:10.04
19	Paler, Adam D	20 NDC	1:10.26
20	Pulling, Justin T	NDC	1:12.05
21	Lewis, Adam A	22 BC-KY-US	1:21.56
22	Wilson, Kyle	BERRY	1:21.94
23	Johnson, Daniel B	21 KING	1:24.18
24	Li, Haoltian	19 BC-KY-US	1:28.28
25	Bertz, Kyle	UU	1:28.85
26	Strickland, Joe L	18 LC	NT

**#9 Women 200 Yard Backstroke**

Name	Age	School	Seed Time
1	Ray, Ranay C	19 ASB-KY	2:14.06
2	Whittington, Emily	19 NDC	2:14.29
3	Kimura, Lucianne T	23 BU-GA	2:14.63

4	Alsop, Karli	22 MARS-WV	2:16.28
5	Guisseppi, Chelsea	WJU	2:17.64
6	Perkins, Emily E	22 NDC	2:18.61
7	Donihe, Michele	KING	2:18.72
8	Vaughan, Emily	KING	2:20.33
9	Peterson, Mary L	20 ASB-KY	2:20.37
10	Schmidt, Miranda	MHC	2:20.42
11	Olsen, Amanda M	21 LC	2:23.75
12	Kirk, Kristina G	21 UC-KY	2:23.93
13	Copeland, Kelsey	KING	2:24.16
14	San Martin, Erika	22 KING	2:26.56
15	Metzger, Erin	WJU	2:26.60
16	Gandee, Kristin	WJU	2:28.50
17	Henderson, Kristen	UU	2:29.99
18	Brown, Taylor S	20 MARS-WV	2:32.29
19	Grant, Gretchen	19 MILL	2:33.18
20	Mason, Joelle K	20 ASB-KY	2:33.53
21	Pion, Stephanie E	21 NDC	2:34.98
22	Parmenter, Brett	WWC	2:41.44
23	Ellard, Clarin	21 BC-KY-US	NT

**#10 Men 200 Yard Backstroke**

Name	Age	School	Seed Time
1	Ehrenheim, Trevor L	19 ASB-KY	1:57.27
2	Glavinis Jr., Louis P	19 UC-KY	1:57.88
3	Logan, Matt	WJU	2:00.89
4	Pigford, Aaron	20 MILL	2:04.68
5	Howard, Stephen	21 KING	2:04.72
6	Mashburn, Sam	MHC	2:05.67
7	McRae, Cameron	20 NDC	2:06.31
8	Lucas, Jake	WJU	2:07.75
9	Allen, Taylor	WJU	2:10.11
10	Weaver, Logan	WJU	2:14.52
11	Totherow, Jacob	WJU	2:19.24
12	St. John, Cody	MHC	2:42.94
13	Souther, Nick	WWC	2:59.38
14	Paul, Bryce B	20 BC-KY-US	NT

**#11 Women 100 Yard Freestyle**

Name	Age	School	Seed Time
1	Morrison, Mairi A	18 BU-GA	54.08
2	Palo, Lena	MHC	54.37
3	Hubach, Allie J	20 ASB-KY	54.47
4	Galesic, Ana	19 BU-GA	55.03
5	Hamilton, Casey	WJU	55.39
6	Ellard, Tierah	19 BC-KY-US	55.77
7	Worsham, Ellen C	19 ASB-KY	56.04
8	Varga, Ashley	MHC	57.43
9	Lorencen, Megan	18 MILL	57.55
10	Scott, Molly	BERRY	57.80
11	Miller, Caley A	20 NDC	57.97
12	Velte, Susan C	20 MARS-WV	58.20
13	Melinsky, Kimberly G	19 MARS-WV	58.21
14	Vaughan, Emily	KING	58.31
15	O'Connor, Kelly E	22 NDC	58.44
16	Donihe, Michele	KING	58.47
17	Buchanan, Rachel A	18 ASB-KY	58.49
18	Akalski, Emily	19 MARS-WV	58.61
19	Gangloff, Cindy	NDC	58.67
20	Hullander, Marcy	21 KING	58.83
21	Bridgford, Julia G	20 NDC	59.10
22	Fillinger, Meghan E	19 MARS-WV	59.16

23	Alfano, Danielle	21 KING	59.36
24	Meadows, Larissa J	19 ASB-KY	59.39
25	Chadowski, Megan G	NDC	59.40
26	Copeland, Kelsey	KING	59.68
27	Metzger, Erin	WJU	59.82
28	LeMay, Courtney P	18 ASB-KY	1:00.55
29	Santurri, Alexandra	19 NDC	1:01.32
30	Kirk, Kristina G	21 UC-KY	1:01.45
31	Rust, Kristen M	19 ASB-KY	1:01.52
32	Steele, Kelsey	MHC	1:01.53
33	Cowser, Kasey L	NDC	1:01.60
34	Barr, Rebecca	18 ASB-KY	1:01.82
35	Landry, Rachel	20 MILL	1:02.48
36	Kelly, Rachel	UU	1:02.68
37	Pratt, Ashleigh	WJU	1:02.75
38	Cowgill, Samantha	UU	1:03.36
39	Pfaff, Lindsey M	21 ASB-KY	1:03.54
40	Friedland, Molly	WWC	1:03.61
41	Bell, Katie E	21 BC-KY-US	1:03.67
42	Goss, Anna	20 MILL	1:04.00
43	Simpson, Maggie M	21 NDC	1:04.71
44	Dent, Haley A	19 LC	1:04.87
45	Turner, Lauren	UU	1:05.05
46	Williams, Morgan	KING	1:05.55
47	Seibert, Keara	18 MILL	1:05.67
48	Flynn, Meghan	MHC	1:06.59
49	George, Kelsey	NDC	1:06.63
50	Dillon, Maddy	WWC	1:07.98
51	Kung, Sarah	WJU	1:08.20
52	Reasoner, Miranda	MHC	1:08.22
53	Rossi, Marianna	BERRY	1:08.69
54	Hinkle, Lincey N	20 ASB-KY	1:09.77
55	Hopple, Ashley	19 NDC	1:11.02
56	Greene, Katy	MHC	1:11.10
57	Conaway, Bethany N	19 ASB-KY	1:12.53
58	Savage, Martha W	20 BC-KY-US	1:14.46
59	Hirst, Laura J	20 BU-GA	1:16.34
60	Sullivan, Hillary	WWC	1:17.71
61	Ujeneza, Mafubo	23 BU-GA	1:18.00
62	McOsker, Amy	UU	1:18.00
63	Clevenger, Abbye	18 LC	1:20.50
64	Wiggins, Amelia	WWC	1:28.47
65	Childers, Erin P	21 UC!-LE	NT
66	Chapman, Chyanna	18 UC!-LE	NT

**#12 Men 100 Yard Freestyle**

Name	Age	School	Seed Time
1	Hood, Matthew R	20 ASB-KY	47.91
2	Wilkes, Mike	MHC	48.07
3	Johnson, David J	19 UC-KY	48.15
4	Queale, Max	WJU	48.40
5	McRae, Cameron	20 NDC	48.65
6	Hartshorn, Sam	MHC	48.81
7	Oliver, Wayne W	20 KING	48.92
8	Smith, Tom	WJU	49.30
9	Mosquera, Said	UU	49.67
10	Cavanaugh, Eron	20 MILL	49.69
11	Pristov, Greg A	NDC	49.74
12	Howard, Stephen	21 KING	49.92
13	Runtas, Nathan A	19 ASB-KY	49.94
14	Moore, David	MHC	50.43
15	Reece, Shawn	MHC	50.47

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**#12 ... (Men 100 Yard Freestyle)**

16	McRae, Patrick	20 NDC	50.84
17	Decker, Tyler A	18 ASB-KY	50.92
18	Back, Jeremiah J	21 UC-KY	51.00
19	Lawless, Blake C	19 ASB-KY	51.01
20	Risse, Bill	WJU	51.50
21	Duran, Taylor	21 MILL	51.92
22	Wight, Brad	KING	52.04
23	Crouse, Jordan S	20 ASB-KY	52.33
24	Miller, Eric	BERRY	52.44
25	Tran, Andrew	WJU	52.83
26	Edmonds, Mason	KING	52.99
27	Lewis, Adam	20 MILL	53.00
28	Campbell, Alan	BERRY	53.58
29	Reidy, Shawn R	19 NDC	54.69
30	Shaw, Tom	WWC	54.91
31	Hurley, Brian	UU	55.13
32	Burns, Brendan	WWC	55.57
33	Paler, Adam D	20 NDC	55.64
34	Raspberry, Matt	BERRY	55.82
35	Blanken, Kurt	21 KING	56.25
36	Scalia, Tony	WWC	56.27
37	Stickrad, Jon	NDC	56.43
38	Ledbetter, Josh R	20 LC	56.85
39	Kotson, John	WJU	57.75
40	Sherman, Joe	BERRY	58.21
41	Rehmer, Ryan P	NDC	58.45
42	Lewis, Adam A	22 BC-KY-US	59.47
43	Easterday, Brian M	20 BC-KY-US	1:00.64
44	Dye III, Ian	21 KING	1:01.55
45	James, Devin B	18 LC	1:01.68
46	Bertz, Kyle	UU	1:02.23
47	Moore, Brandon	BERRY	1:02.53
48	Wilson, Kyle	BERRY	1:04.40
49	Koller, Andrew B	21 BC-KY-US	1:05.32
50	West, Dan I	27 BC-KY-US	1:07.79
51	Strickland, Joe L	18 LC	1:11.66
52	Schneeman, Baron	UU	1:14.85
53	Campbell, David	19 MILL	1:17.94

**#13 Women 200 Yard Butterfly**

Name	Age	School	Seed Time
1	Martin, Emily	WJU	2:12.40
2	Sorrells, Katy	MHC	2:13.99
3	Martin, Larissa E	20 ASB-KY	2:14.58
4	Dickerson, Kelly	BERRY	2:19.83
5	Buenano, Maria F	22 NDC	2:20.38
6	Petersen, Tamsin L	20 UC-KY	2:20.95
7	Fitzgerald, Shannan L	22 NDC	2:21.18
8	Steve, Jessica	WJU	2:21.76
9	Holt, Nikki	MHC	2:25.59
10	Rizo, Dulce	WJU	2:26.85
11	Fell, Sarah C	20 BU-GA	2:30.00
12	McBride, Malorie	KING	2:30.05
13	Morris, Whitney	22 KING	2:31.62
14	Hill, Kristy	WJU	2:31.82
15	Santurri, Alexandra	19 NDC	2:33.76
16	Gandee, Kristin	WJU	2:35.03
17	Ward, Lauren	20 KING	2:38.34
18	Mangas, Aly	18 MILL	2:47.86
19	Pfaff, Lindsey M	21 ASB-KY	2:52.24

20	George, Kelsey	NDC	2:52.87
21	Conaway, Bethany N	19 ASB-KY	3:07.21
22	Hullander, Marcy	21 KING	NT

**#14 Men 200 Yard Butterfly**

Name	Age	School	Seed Time
1	Pristov, Greg A	NDC	2:00.76
2	Chadowski, Patrick	WJU	2:01.13
3	Bracamontes, Sergio	WJU	2:01.62
4	Maloney, PJ	MHC	2:02.19
5	Totherow, Jacob	WJU	2:07.63
6	Bertholo Jr., Roberto F	21 UC-KY	2:08.80
7	Lewis, Brady W	19 ASB-KY	2:09.49
8	Tuttle, Chris W	20 NDC	2:12.88
9	Mashburn, Sam	MHC	2:16.23
10	Reidy, Shawn R	19 NDC	2:16.62
11	Guimbellot, Allen	18 MILL	2:17.96
12	Allen, Taylor	WJU	2:30.89
13	Smith, Karl A	22 UC-KY	2:32.34
14	Starnes, Wes	MHC	2:34.60
15	Crouse, Jordan S	20 ASB-KY	2:43.55

**#15 Women 800 Yard Freestyle Relay**

Team	Relay	Seed Time
1	ASB-KY	A 8:13.61
2	WJU	A 8:14.55
3	MHC	A 8:17.69
4	NDC	A 8:26.43
5	MARS-WV	A 8:29.76
6	BU-GA	A 8:32.00
7	UC-KY	A 8:35.54
8	KING	A 8:39.29
9	BERRY	A 8:43.35
10	MILL	A 9:11.68

**#16 Men 800 Yard Freestyle Relay**

Team	Relay	Seed Time
1	MHC	A 7:15.47
2	UC-KY	A 7:19.13
3	ASB-KY	A 7:19.57
4	WJU	A 7:25.24
5	NDC	A 7:45.33
6	KING	A 7:47.72
7	MILL	A 7:48.03
8	BERRY	A 8:25.08

**#17 Women 1 mtr Diving**

Name	Age	School	Seed Time
1	Cohen, Abby S	22 BC-KY-US	201.35
2	Hannum, Rachel R	22 MARS-WV	NP
3	Holmquist, Haley J	20 MARS-WV	NP
4	Rone, Lauren	18 MARS-WV	NP
5	Smith, Maribeth	18 MARS-WV	NP

**#18 Men 3 mtr Diving**

Name	Age	School	Seed Time
1	Pulling, Justin T	NDC	324.60
2	Gotschall, Nick	NDC	NP

**#19 Women 400 Yard Medley Relay**

Team	Relay	Seed Time
1	ASB-KY	A 4:06.61
2	MHC	A 4:14.10
3	WJU	A 4:14.25

4	MARS-WV	A	4:16.76
5	BU-GA	A	4:19.62
6	ASB-KY	B	X4:20.00
7	NDC	A	4:20.81
8	UC-KY	A	4:23.50
9	KING	A	4:30.94
10	NDC	B	X4:32.56
11	BERRY	A	4:33.14
12	MILL	A	4:33.93
13	WWC	A	4:54.40
14	BU-GA	B	X5:09.00
15	WWC	B	6:04.50
16	BC-KY-US	A	NT

**#20 Men 400 Yard Medley Relay**

Team	Relay	Seed Time	
1	UC-KY	A 3:38.38	
2	MILL	A 3:39.95	
3	WJU	A 3:43.41	
4	ASB-KY	A 3:43.78	
5	MHC	A 3:45.97	
6	KING	A 3:48.06	
7	NDC	A 3:50.42	
8	NDC	B 4:03.24	
9	BERRY	A 4:09.46	
10	WWC	A 4:20.50	
11	BC-KY-US	A	NT

**#21 Women 200 Yard Medley Relay**

Team	Relay	Seed Time	
1	ASB-KY	A 1:53.33	
2	WJU	A 1:54.70	
3	MARS-WV	A 1:55.76	
4	BU-GA	A 1:56.00	
5	NDC	A 1:56.06	
6	MHC	A 1:57.56	
7	UC-KY	A 1:58.15	
8	ASB-KY	B X2:00.00	
9	NDC	B X2:01.34	
10	KING	A 2:02.05	
11	MILL	A 2:04.20	
12	BC-KY-US	A 2:11.57	
13	WWC	A 2:12.61	
14	UU	A 2:12.67	
15	BU-GA	B X2:16.00	
16	WWC	B X2:57.23	
17	BC-KY-US	B	NT

**#22 Men 200 Yard Medley Relay**

Team	Relay	Seed Time
1	UC-KY	A 1:39.11
2	MHC	A 1:39.67
3	MILL	A 1:41.03
4	WJU	A 1:41.30
5	BC-KY-US	A 1:42.05
6	ASB-KY	A 1:43.37
7	KING	A 1:43.38
8	NDC	A 1:44.34
9	ASB-KY	B X1:50.00
10	NDC	B X1:53.56
11	WWC	A 1:55.67
12	UU	A 2:04.65



## Appalachian Conference Championships - 2/19/2010 to 2/20/2010

## Psych Sheet

## #27 ... (Women 100 Yard Backstroke)

19	San Martin, Erika	22 KING	1:07.75
20	Pion, Stephanie E	21 NDC	1:10.54
21	Grant, Gretchen	19 MILL	1:11.14
22	Mason, Joelle K	20 ASB-KY	1:11.17
23	Parmenter, Brett	WWC	1:15.40
24	Licari, Victoria	19 MILL	1:15.64
25	Seibert, Keara	18 MILL	1:16.57
26	Hinkle, Lincey N	20 ASB-KY	1:17.33
27	Friedland, Molly	WWC	1:21.49
28	Wiggins, Amelia	WWC	1:25.21
29	Savage, Martha W	20 BC-KY-US	1:27.99
30	Bostic, Kalea	20 BC-KY-US	1:49.27
31	Pregartner, Heather	WWC	1:55.27

## #28 Men 100 Yard Backstroke

Name	Age	School	Seed Time
1	Glavinos Jr., Louis P	19 UC-KY	52.93
2	Pigford, Aaron	20 MILL	54.15
3	Logan, Matt	WJU	55.24
4	Howard, Stephen	21 KING	56.29
5	Lewis, Adam	20 MILL	57.29
6	Mashburn, Sam	MHC	57.49
7	Lutz, Jacob A	20 NDC	57.53
8	McRae, Cameron	20 NDC	57.75
9	Weaver, Logan	WJU	58.10
10	Allen, Taylor	WJU	58.59
11	Guimbello, Allen	18 MILL	1:00.18
12	Decker, Tyler A	18 ASB-KY	1:00.43
13	Campbell, Alan	BERRY	1:00.46
14	Lucas, Jake	WJU	1:00.47
15	McRae, Patrick	20 NDC	1:03.30
16	Blanken, Kurt	21 KING	1:03.44
17	Stickrad, Jon	NDC	1:08.99
18	Burns, Brendan	WWC	1:10.78
19	Paul, Bryce B	20 BC-KY-US	1:12.50
20	Souther, Nick	WWC	1:15.30
21	Chambers, Damien	21 MILL	1:16.60
22	Dye III, Ian	21 KING	1:16.94
23	West, Dan I	27 BC-KY-US	1:22.55

## #29 Women 200 Yard Freestyle

Name	Age	School	Seed Time
1	Martin, Emily	WJU	1:57.45
2	Hubach, Allie J	20 ASB-KY	1:59.52
3	Fittro, Molly K	20 UC-KY	1:59.56
4	Amstutz, Hannah E	19 ASB-KY	2:00.51
5	Dickerson, Kelly	BERRY	2:01.47
6	Morrison, Mairi A	18 BU-GA	2:01.58
7	Steve, Jessica	WJU	2:01.94
8	Donihe, Michele	KING	2:02.15
9	Marion, Amy N	20 ASB-KY	2:04.07
10	Hamilton, Casey	WJU	2:04.41
11	Harville, Lauren	20 BU-GA	2:04.90
12	Fitzgerald, Shannan L	22 NDC	2:04.98
13	Buchanan, Rachel A	18 ASB-KY	2:05.28
14	Bugg, Taylor	MHC	2:06.08
15	Varga, Ashley	MHC	2:07.00
16	Lorencen, Megan	18 MILL	2:07.00
17	Hubbard, Amelia	WWC	2:07.83
18	Worsham, Ellen C	19 ASB-KY	2:07.98

19	Keyes, Lindsay K	21 ASB-KY	2:08.00
20	Miller, Caley A	20 NDC	2:08.13
21	Alfano, Danielle	21 KING	2:08.65
22	Bridgford, Julia G	20 NDC	2:09.33
23	Metzger, Erin	WJU	2:09.88
24	Brown, Taylor S	20 MARS-WV	2:12.76
25	Landry, Rachel	20 MILL	2:13.68
26	Lopez, Arielle	19 NDC	2:14.11
27	Cowgill, Samantha	UU	2:14.44
28	Rust, Kristen M	19 ASB-KY	2:14.98
29	Allietta, Shawna	WJU	2:15.80
30	Pratt, Ashleigh	WJU	2:17.68
31	Barr, Rebecca	18 ASB-KY	2:18.13
32	Simpson, Maggie M	21 NDC	2:18.32
33	Ward, Lauren	20 KING	2:20.53
34	Goss, Anna	20 MILL	2:22.00
35	Dent, Haley A	19 LC	2:25.81
36	LeMay, Courtney P	18 ASB-KY	2:25.84
37	Rossi, Marianna	BERRY	2:28.47
38	Kung, Sarah	WJU	2:35.63
39	Gajewski, Sarah M	22 UC-LE	2:36.79
40	Peek, Amy	18 LC	2:44.50
41	Bostic, Kalea	20 BC-KY-US	3:18.30
42	Slade, Annalyn R	20 BC-KY-US	3:25.55

## #30 Men 200 Yard Freestyle

Name	Age	School	Seed Time
1	Hood, Matthew R	20 ASB-KY	1:45.27
2	Bracamontes, Sergio	WJU	1:47.41
3	Pristov, Greg A	NDC	1:47.42
4	Smith, Tom	WJU	1:48.32
5	Queale, Max	WJU	1:48.55
6	Johnson, David J	19 UC-KY	1:49.51
7	Runtas, Nathan A	19 ASB-KY	1:50.03
8	Maloney, PJ	MHC	1:50.19
9	Hoffman, Luke	MHC	1:51.24
10	Mosquera, Said	UU	1:51.85
11	McRae, Cameron	20 NDC	1:53.30
12	Tuttle, Chris W	20 NDC	1:53.34
13	Risse, Bill	WJU	1:53.39
14	Moore, David	MHC	1:53.85
15	Back, Jeremiah J	21 UC-KY	1:54.30
16	Canada, Andrew A	22 ASB-KY	1:55.39
17	Lawless, Blake C	19 ASB-KY	1:55.59
18	Duran, Taylor	21 MILL	1:56.00
19	McRae, Patrick	20 NDC	1:56.51
20	Tran, Andrew	WJU	1:59.73
21	Bartko, Chad	NDC	2:00.62
22	Crouse, Jordan S	20 ASB-KY	2:02.40
23	Kidd, Daniel	20 KING	2:04.98
24	Shaw, Tom	WWC	2:05.05
25	Scalia, Tony	WWC	2:06.09
26	Stickrad, Jon	NDC	2:06.28
27	DePalma, Dominic	WJU	2:08.53
28	Sherman, Joe	BERRY	2:10.83
29	Kotson, John	WJU	2:11.34
30	Jones, Daniel	19 MILL	2:12.42
31	James, Devin B	18 LC	2:16.37
32	Li, Haoltian	19 BC-KY-US	2:22.18
33	St. John, Cody	MHC	2:24.03
34	Dye III, Ian	21 KING	2:29.44
35	Koller, Andrew B	21 BC-KY-US	2:53.75

## #31 Women 200 Yard Breaststroke

Name	Age	School	Seed Time
1	Sterneman, Abigail C	21 ASB-KY	2:27.71
2	Ferreira, Julia L	20 BU-GA	2:36.00
3	Meadows, Larissa J	19 ASB-KY	2:36.06
4	McCormick, Kasey L	19 UC-KY	2:36.63
5	Fitzgibbon, Andrea	WJU	2:36.70
6	Hill, April N	19 ASB-KY	2:39.54
7	Butler, Brittany	MHC	2:39.83
8	Bartlett, Megan	MHC	2:39.97
9	O'Connor, Kelly E	22 NDC	2:40.27
10	Licari, Victoria	19 MILL	2:40.69
11	Kaminski, Katie	21 ASB-KY	2:41.19
12	Whittington, Emily	19 NDC	2:42.47
13	Perkins, Emily E	22 NDC	2:43.82
14	Rogers, Jessica	BERRY	2:45.52
15	Bier, Grace E	19 KING	2:46.38
16	Gangloff, Cindy	NDC	2:46.86
17	Morris, Whitney	22 KING	2:51.71
18	Walsh, Jackie	21 NDC	2:52.32
19	Kubisiak, Darcee	21 MILL	2:54.14
20	Lawless, Kara E	20 ASB-KY	2:55.91
21	Cowser, Kasey L	NDC	2:57.68
22	Thrasher, Cortni S	19 UC-KY	3:01.55
23	Robertson, Becky A	19 LC	3:03.48
24	Havens, Christen T	18 UC-KY	3:05.95
25	Dillon, Maddy	WWC	3:18.71
26	Peek, Amy	18 LC	3:23.52
27	Freeman, Kate	WWC	3:31.70
28	Goldman, Danielle	20 BC-KY-US	3:42.46
29	Rink, Alicia	WWC	3:58.22

## #32 Men 200 Yard Breaststroke

Name	Age	School	Seed Time
1	Smith, Ed	MHC	2:10.43
2	Ambrosio Filho, Luis A	20 UC-KY	2:14.39
3	Elder, Audley	MHC	2:16.09
4	Alfano, Evan	19 MILL	2:19.18
5	Risse, Bill	WJU	2:19.52
6	Losekamp, Alex M	21 ASB-KY	2:20.94
7	Wingert, Andrew D	18 ASB-KY	2:21.12
8	Bland, Johnathon	WWC	2:23.13
9	Longenette, Ryan	WJU	2:23.62
10	Lutz, Jacob A	20 NDC	2:23.90
11	Taylor, Greg	KING	2:25.30
12	Weaver, Sean	WJU	2:25.39
13	Dippold, Paul	WJU	2:25.60
14	Toro, Jared	MHC	2:28.33
15	Miller, Eric	BERRY	2:29.60
16	Flener, Ian F	20 ASB-KY	2:30.50
17	Hurley, Brian	UU	2:38.37
18	Wilson, Kyle	BERRY	3:07.15
19	Rehmer, Ryan P	NDC	NT

## #33 Women 100 Yard Butterfly

Name	Age	School	Seed Time
1	Martin, Emily	WJU	59.51
2	Kimura, Lucianne T	23 BU-GA	1:00.34
3	Sorrells, Katy	MHC	1:00.65
4	Martin, Larissa E	20 ASB-KY	1:01.07
5	Akalski, Emily	19 MARS-WV	1:02.76
6	Rieger, Laurysa M	20 NDC	1:02.86

**Appalachian Conference Championships - 2/19/2010 to 2/20/2010**  
**Psych Sheet**

**#33 ... (Women 100 Yard Butterfly)**

7	Buenano, Maria F	22 NDC	1:03.15
8	Velte, Susan C	20 MARS-WV	1:03.35
9	Petersen, Tamsin L	20 UC-KY	1:03.43
10	Hubach, Allie J	20 ASB-KY	1:03.52
11	Holt, Nikki	MHC	1:03.79
12	Fitzgerald, Shannan L	22 NDC	1:04.58
13	Rizo, Dulce	WJU	1:04.65
14	Steve, Jessica	WJU	1:04.98
15	Hill, Kristy	WJU	1:05.18
16	Marion, Amy N	20 ASB-KY	1:05.55
17	Golding, Tiffany	MHC	1:05.96
18	Hullander, Marcy	21 KING	1:06.22
19	Hubbard, Amelia	WWC	1:06.58
20	Santurri, Alexandra	19 NDC	1:06.95
21	Brown, Taylor S	20 MARS-WV	1:07.76
22	Turk, Tanya	NDC	1:08.04
23	Steele, Kelsey	MHC	1:08.81
24	McBride, Malorie	KING	1:08.81
25	Chadowski, Megan G	NDC	1:10.09
26	Ward, Lauren	20 KING	1:10.79
27	Sanner, Kayla	BERRY	1:11.26
28	Mangas, Aly	18 MILL	1:13.17
29	Ellard, Clarin	21 BC-KY-US	1:13.81
30	Pfaff, Lindsey M	21 ASB-KY	1:14.77
31	Kelly, Rachel	UU	1:16.75
32	George, Kelsey	NDC	1:17.17
33	Conaway, Bethany N	19 ASB-KY	1:23.21
34	Sullivan, Hillary	WWC	1:37.17
35	Ellard, Tierah	19 BC-KY-US	NT
36	Pana, Eliana M	20 BC-KY-US	NT

**#34 Men 100 Yard Butterfly**

Name	Age	School	Seed Time
1	Pristov, Greg A	NDC	53.08
2	Bracamontes, Sergio	WJU	54.22
3	Maloney, PJ	MHC	54.37
4	Glavinovs Jr., Louis P	19 UC-KY	54.46
5	Hartshorn, Sam	MHC	54.48
6	Wilkes, Mike	MHC	54.97
7	Oliver, Wayne W	20 KING	55.29
8	McRae, Cameron	20 NDC	55.58
9	Bertholo Jr., Roberto F	21 UC-KY	55.90
10	Fry, Chris	21 MILL	56.85
11	Pope, Daniel	21 KING	57.26
12	Guimbellot, Allen	18 MILL	58.95
13	Lawless, Blake C	19 ASB-KY	59.12
14	Reidy, Shawn R	19 NDC	59.16
15	Reece, Shawn	MHC	59.23
16	Allen, Taylor	WJU	59.91
17	Back, Jeremiah J	21 UC-KY	59.94
18	Wight, Brad	KING	1:00.83
19	Raspberry, Matt	BERRY	1:01.87
20	Smith, Karl A	22 UC-KY	1:02.31
21	Starnes, Wes	MHC	1:04.75
22	Burns, Brendan	WWC	1:04.79
23	Ledbetter, Josh R	20 LC	1:09.47
24	Chambers, Damien	21 MILL	1:10.13
25	Moore, Brandon	BERRY	1:14.84
26	Easterday, Brian M	20 BC-KY-US	NT

**#35 Women 1650 Yard Freestyle**

Name	Age	School	Seed Time
1	Martin, Emily	WJU	11:03.88
2	Fittro, Molly K	20 UC-KY	11:17.49
3	Amstutz, Hannah E	19 ASB-KY	11:17.77
4	Olsen, Amanda M	21 LC	11:23.36
5	Donihe, Michele	KING	11:23.58
6	Keyes, Lindsay K	21 ASB-KY	11:24.04
7	Guisseppi, Chelsea	WJU	11:25.35
8	Messmer, Mollie G	21 UC-KY	11:27.99
9	Steve, Jessica	WJU	11:35.89
10	Marion, Amy N	20 ASB-KY	11:42.29
11	Hill, Kristy	WJU	12:02.37
12	Miller, Caley A	20 NDC	12:04.75
13	Lopez, Arielle	19 NDC	12:05.97
14	Turk, Tanya	NDC	12:07.28
15	Gandee, Kristin	WJU	12:21.40
16	Santurri, Alexandra	19 NDC	12:26.67
17	Dierig, Whitley R	18 UC-KY	12:28.41
18	Abegg, Kylie E	18 ASB-KY	12:44.46
19	Allietta, Shawna	WJU	12:47.65
20	Pion, Stephanie E	21 NDC	13:23.35
21	St Clair, Sarah	UU	13:49.66
22	Thrasher, Cortni S	19 UC-KY	14:01.17
23	Lawless, Kara E	20 ASB-KY	14:02.54
24	Harville, Lauren	20 BU-GA	19:25.00
25	Fell, Sarah C	20 BU-GA	19:35.00
26	Greene, Katy	MHC	NT
27	Reasoner, Miranda	MHC	NT

**#36 Men 1650 Yard Freestyle**

Name	Age	School	Seed Time
1	Lewis, Brady W	19 ASB-KY	10:24.43
2	Oyer, Malachi W	20 ASB-KY	10:28.03
3	Chadowski, Patrick	WJU	10:32.80
4	Hoffman, Luke	MHC	10:34.07
5	Tuttle, Chris W	20 NDC	10:41.91
6	Lucas, Jake	WJU	10:45.88
7	Dippold, Paul	WJU	10:50.25
8	Canada, Andrew A	22 ASB-KY	10:51.53
9	Bartko, Chad	NDC	11:34.56
10	Kidd, Daniel	20 KING	11:43.52
11	DePalma, Dominic	WJU	11:58.54
12	Scalia, Tony	WWC	12:02.71
13	Smith, Karl A	22 UC-KY	12:10.66
14	Jones, Daniel	19 MILL	12:30.65
15	Kotson, John	WJU	12:57.05
16	Hobbs, Bradley W	24 UC-KY	13:29.09

**#37 Men 1 mtr Diving**

Name	Age	School	Seed Time
1	Pulling, Justin T	NDC	321.65
2	Cox, Wayne W	19 BC-KY-US	175.50
3	Gotschall, Nick	NDC	NP

**#38 Women 3 mtr Diving**

Name	Age	School	Seed Time
1	Hannum, Rachel R	22 MARS-WV	NP
2	Holmquist, Haley J	20 MARS-WV	NP
3	Rone, Lauren	18 MARS-WV	NP
4	Smith, Maribeth	18 MARS-WV	NP

**#39 Women 400 Yard Freestyle Relay**

Team	Relay	Seed Time
1	ASB-KY	A 3:44.33
2	MHC	A 3:46.87
3	WJU	A 3:48.92
4	BU-GA	A 3:50.60
5	MARS-WV	A 3:50.76
6	NDC	A 3:50.77
7	ASB-KY	B X3:52.00
8	NDC	B X3:55.67
9	UC-KY	A 3:56.36
10	KING	A 3:57.80
11	BERRY	A 4:05.55
12	MILL	A 4:06.12
13	BU-GA	B X4:08.00
14	WWC	A 4:17.26
15	MILL	B X4:20.00
16	LC	A 4:26.99
17	UU	A 4:28.78
18	WWC	B X5:39.54
19	BC-KY-US	A NT

**#40 Men 400 Yard Freestyle Relay**

Team	Relay	Seed Time
1	MHC	A 3:13.00
2	WJU	A 3:16.11
3	ASB-KY	A 3:16.19
4	MILL	A 3:18.92
5	UC-KY	A 3:20.23
6	ASB-KY	B X3:22.00
7	NDC	A 3:22.39
8	KING	A 3:25.66
9	NDC	B X3:32.56
10	BERRY	A 3:42.66
11	WWC	A 3:56.07
12	UU	A 4:13.38