



**2009-2010**

# Swimming & Diving

ASC Contact: Michael Gallagher  
E-Mail: mgallagher@ndc.edu

- Asbury College - Berea College - Berry College - Brenau University - King College -  
- Mars Hill College - Milligan College - Notre Dame College - Union College -  
- Urbana University - Ursuline College - Warren Wilson College - Wheeling Jesuit University -

## Appalachian Swimming & Diving Conference Men's and Women's Swimming/Diver of the Week

— 11/08/2009 - 11/14/2009 —

### Matt Logan (Wheeling Jesuit University)

**Logan** swam two meets this past weekend. His first meet was against Frostburg State University, where he won the 200-yd Individual Medley (2:05.17) and the 100-yd Backstroke (56.51). Logan was also a member of the 200-yd Medley Relay (1:42.87). At the Saturday competition with Urbana and Malone, Hood won the 200-yd Backstroke (2:05.00) and he swam the 400-yd Individual Medley (4:30.94).

### Emily Whittington (Notre Dame College)

**Whittington** is a sophomore from Pickerington, OH. She swam in a Saturday meet with West Virginia Wesleyan. Whittington won the 200-yd Individual Medley (2:15.71) and the 200-yd Backstroke (2:14.57). Whittington achieved season best times and her performances rank her #1 in the Appalachian Conference.

### ASC Swimmer/Diver of the Week

- Oct. 10th: David Johnson (Union College)  
Molly Fitro (Union College)
- Oct. 17th: Matt Hood (Asbury College)  
Allie Hubach (Asbury College)
- Oct. 24th: Wayne Oliver (King College)  
Emily Martin (Wheeling Jesuit University)
- Oct. 31st: Pat Chadowski (Wheeling Jesuit University)  
Tierah Ellard (Berea College)
- Nov. 7th: Greg Pristov (Notre Dame College)  
Kelly O'Connor (Notre Dame College)
- Nov. 14th:** Matt Logan (Wheeling Jesuit University)  
Emily Whittington (Notre Dame College)

### 2009 ASC Championship Results

#### Men's Results

1. Asbury College
2. Mars Hill College
3. Union College
4. Notre Dame College
5. Milligan College
6. King College
7. Warren Wilson College
8. Berea College

#### Women's Results

1. Asbury College
2. Notre Dame College
3. Mars Hill College
4. Marshall University
5. Union College
6. King College
7. Brenau University
8. Berea College
9. Milligan College
10. Warren Wilson College

#### Combined Results

- |                       |                        |                          |
|-----------------------|------------------------|--------------------------|
| 1. Asbury College     | 5. King College        | 8. Berea College         |
| 2. Mars Hill College  | 6. Milligan College    | 9. Warren Wilson College |
| 3. Notre Dame College | 7. Marshall University | 10. Brenau University    |
| 4. Union College      |                        |                          |