



2009-2010

Swimming & Diving

ASC Contact: Michael Gallagher
E-Mail: mgallagher@ndc.edu

- Asbury College - Berea College - Berry College - Brenau University - King College -
- Mars Hill College - Milligan College - Notre Dame College - Union College -
- Urbana University - Ursuline College - Warren Wilson College - Wheeling Jesuit University -

Appalachian Swimming & Diving Conference Men's and Women's Swimming/Diver of the Week

— 11/01/2009 - 11/07/2009 —

Greg Pristov (Notre Dame College)

Pristov is a freshman from Madison, OH. Notre Dame College competed in a home meet against John Carroll University on 11/6. Pristov set the school record and won the 200-yd Freestyle (1:47.60), he is currently ranked #2 in the conference. Pristov also swam the 500-yd Freestyle (5:01.48), he is now ranked #1 in the conference.

Kelly O'Connor (Notre Dame College)

O'Connor is a senior from Peoria, AZ. She began her meet as a part of the school record setting 200-yd Medley Relay (1:56.06). Then she raced the 50-yd Freestyle (25.80), achieving a personal best time. O'Connor also posted a 1:12.80 in the 100-yd Breaststroke. Both of O'Connor's individual events rank her #4 in the conference.

ASC Swimmer/Diver of the Week

Oct. 10th: David Johnson (Union College),
Molly Fittro (Union College)
Oct. 17th: Matt Hood (Asbury College)
Allie Hubach (Asbury College)
Oct. 24th: Wayne Oliver (King College)
Emily Martin (Wheeling Jesuit
University)
Oct. 31st: Patrick Chadowski (Wheeling
Jesuit University)
Tierah Ellard (Berea College)
Oct. 7th: Greg Pristov (Notre Dame College)
Kelly O'Connor (Notre Dame
College)

2009 ASC Championship Results

Women's Team Results

1. Asbury College
2. Notre Dame College
3. Mars Hill College
4. Marshall University
5. Union College
6. King College
7. Brenau University
8. Berea College
9. Milligan College
10. Warren Wilson College

Men's Team Results

1. Asbury College
2. Mars Hill College
3. Union College
4. Notre Dame College
5. Milligan College
6. King College
7. Warren Wilson College
8. Berea College

Combined Team Results

1. Asbury College
2. Mars Hill College
3. Notre Dame College
4. Union College
5. King College
6. Milligan College
7. Marshall University
8. Berea College
9. Warren Wilson College
10. Brenau University