



## **FREESTYLE AND BACKSTROKE *CLINIC***

***For competitive swimmers ages 8-18***

Saturday, April 21, 2012

Berea High School

*8:30 AM-1:00 PM*

### ***What will the swimmers get?***

*Stroke Technique Work* on Freestyle and Backstroke

*Video Analysis* of Free & Back & Video file

**For more information & to register online go to**

**[www.fastlaneswimming.net](http://www.fastlaneswimming.net)**